

# EDDINGTON SCHOOL NEWS

**CALENDAR**

**LUNCH  
MENU**

**ANNOUNCEMENTS**

**BIRTHDAYS**


**PRINCIPAL'S CORNER**

**Click Here**

**CONTACT US**







# Announcements

**Dismissal:** Please notify the office and your child's teacher of any dismissal changes BEFORE 2:00 pm (except in cases of emergencies). This helps us get everyone home safely!

**Lost & Found:** We have many, many items in our Lost & Found: hats, mittens, gloves, coats, snow pants, one sneaker, one boot, and the list goes on! Any parent is welcome to take a look at what we have, just give the office a call 😊

**Winter Clothes**

It's that time of year to send in winter weather gear with your child: Hats, mittens/gloves, jackets, snowpants, and boots. Also, if children wear their boots to school, please send in other shoes for them to change into, so they will be comfortable during the school day.





## Ski & Snowboard Club

Now accepting registrations for session 2!  
Enrollment for session 1 is closed

**Who is this for?**

Students kindergarten through 8th grade in Holden, Eddington, Clifton and Dedham. No prior ski/snowboard experience needed.

**Schedule and Transportation**

Session 2 will start as soon as the four weeks of session 1 is complete. Tentative dates: Feb 5, 12, 26, and March 5 with a make up date of March 12. Lessons run from 4:30-5:30 followed by free ski until 7pm.

Bussing to the mountain directly from all 4 schools is generously paid for by Holbrook Rec. No return bussing is available. Participants must be signed out and picked up at the mountain by 7pm.

**Two steps to register (deadline Feb 1):**


1. Register with Holbrook Rec online [holbrookrec.com](https://holbrookrec.com) (look under programs)
2. Register and pay with Hermon Mountain online (use the link on Holbrook Rec website, not the mountain website)

**Cost** (slight increase from session 1 due to new tax on rentals)

Ticket, Rental and Lessons \$172  
Ticket and Rental \$142  
Ticket only \$110

**Questions?**

Contact Kate Garland [katherine.garland@maine.edu](mailto:katherine.garland@maine.edu) 207.949.3423



## Ski & Snowboard Club

Two 4-week sessions will take place on Wednesday evenings in January and February. Sign up for one session or both!

**Who is this for?**

Students kindergarten through 8th grade in Holden, Eddington, Clifton and Dedham. No prior ski/snowboard experience needed.

**Dates**

**Session 1** dates are January 8, 15, 22, 29 with make up date of Feb 5.

**Session 2** will start as soon as session 1 is complete. Tentative dates: Feb 5, 12, 26, and March 5 with a make up date of March 12.

**How does it work?**

Students are bussed from Eddington, Holden, Holbrook and Dedham schools to Hermon Mountain. Volunteer leaders will meet them at the mountain and ensure they get their tickets and either go to their lesson or have a buddy to free ski/snowboard with on the mountain.

If your child is renting, a volunteer will help them get set up with gear at the mountain. If your child has gear, it can get dropped off at Holbrook school on Wednesday mornings and will be brought to the mountain.

Lessons run from 4:30-5:30. Participants must be signed out and picked up by 7pm.

Ski/Snowboard helmets are required for all participating youth. Rentals come with helmets and Hermon may have extras to loan to those who are not renting equipment.


Bussing is generously paid for by Holbrook Rec.

**We'll have an informational meeting on November 20th @ 6-7pm over Zoom.**

[bit.ly/3YRP63S](https://bit.ly/3YRP63S) password 963108  
This meeting will be recorded. Email [katherine.garland@maine.edu](mailto:katherine.garland@maine.edu) for the recording.

**Cost** (per 4 week session)

Ticket, Rental and Lessons \$170  
Ticket and Rental \$140  
Ticket only \$110



**Enrollment for session 1 opens November 20 and closes December 20. Session 2 enrollment will open in late January.**

**Three steps to enroll:**

1. Fill out the Holbrook Rec waiver (use QR code or go to the "programs" tab at [holbrookrec.com](https://holbrookrec.com))
2. Sign up on the Hermon Mountain website (our group link will be on the Holbrook Rec site)
3. Pay Hermon Mountain online or by check (details on their website)

**Volunteers needed!**

No ski/snowboard experience required. We need help on the mountain to ski/ride with kids and in the lodge assisting with tickets and gear (boots, helmets, etc.). Many hands are appreciated! Contact Kate Garland if you can help.

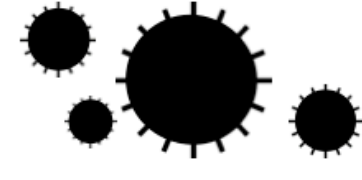
**Questions?**

Contact Kate Garland  
[katherine.garland@maine.edu](mailto:katherine.garland@maine.edu) 207.949.3423



## Norovirus Infections

Fact Sheet



Noroviruses are a group of viruses that cause diarrhea and vomiting in people.



Anyone can get sick with norovirus. There are many types of norovirus, which means that you can get sick more than once.

## Common Signs and Symptoms



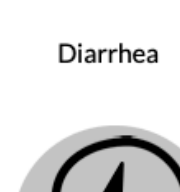
Diarrhea



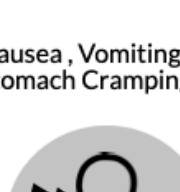
Nausea, Vomiting, and Stomach Cramping



Low Grade Fever and Chills



Headache

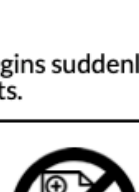
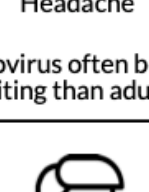


Muscle Aches



Feeling Tired

Norovirus often begins suddenly, with signs and symptoms lasting 1 or 2 days. Children have more vomiting than adults.



Talk to your doctor if you think you have norovirus. There is no vaccine or medicine to prevent or treat norovirus. The virus cannot be treated with antibiotics, because antibiotics work to fight bacteria and not viruses.

## Preventing Norovirus



Wash your hands with soap and water



Clean and disinfect surfaces



Do not prepare food for others if you have norovirus and for 2-3 days after symptoms end



Wash fruits and vegetables



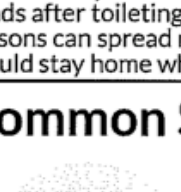
Wash contaminated laundry



Cook shellfish thoroughly

Norovirus is very contagious and is found in the stool or vomit of sick people. The virus spreads when eating food, drinking liquids, or touching surfaces that are contaminated. You can also get norovirus if you were in close contact with another person who is sick. Make sure to wash your hands after toileting, changing diapers, touching animals, and before and after preparing food. Sick persons can spread norovirus for up to two weeks after symptoms end. People with norovirus should stay home when they have symptoms.

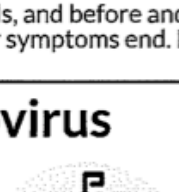
## Common Settings for Norovirus



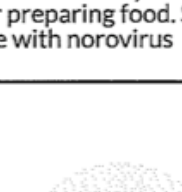
Restaurants



Nursing Homes



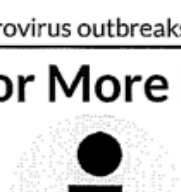
Schools and Daycares



Cruise Ships

Norovirus outbreaks are common in these settings and can spread quickly.

## For More Information, Visit:



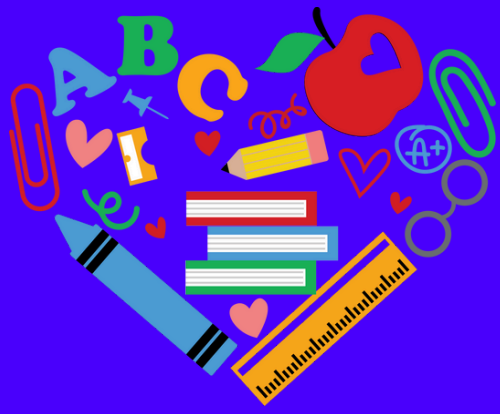
1. [www.maine.gov/dhhs/norovirus](https://www.maine.gov/dhhs/norovirus)  
2. [www.cdc.gov/norovirus](https://www.cdc.gov/norovirus)  
3. [www.epa.gov/pesticide-registration/selected-epa-registered-disinfectants](https://www.epa.gov/pesticide-registration/selected-epa-registered-disinfectants)

You can also call Maine CDC at 1-800-821-5821.

Updated March 2022

Icons from [www.flaticon.com](https://www.flaticon.com)





# PRINCIPAL'S CORNER

Newsletter Incentive



January 24, 2025

## Classroom Updates

1st grade completed the NWEA Math test this week, and the students did an outstanding job! They took their time and gave their best efforts, and we are so proud of the growth they've made. We'll definitely be celebrating their hard work, and the students are equally proud of their accomplishments! The results from this test will provide teachers with valuable insights to better meet each child's learning needs. This will help them tailor instructional lessons for the rest of the year, ensuring they are at the right level and effectively supporting each student's progress.

Kindergarten centers this week provided a great mix of structured learning and creative play! The emphasis on rhyming, blending, and segmenting through hands-on activities like using magnetic letters likely helped reinforce important phonemic awareness skills. Legos and iPads were the big hits this week —both were a great ways to engage students while allowing for some self-expression and independent exploration.

PreK students had a busy week. For Forest Friday, they painted snow (see photos above), read a story outside about two friends—one who likes winter and one who doesn't—and learned about the letter X. Next week, they'll be learning about polar animals and doing a science experiment with blubber! PreK and 1st grade had STEM buddies this week, and it was lots of fun for all the students (see photos above).

## CANCELED: PTG Family Trivia Night

Unfortunately, the Family Trivia Night that was scheduled for tonight has been canceled.

## Cold Weather

We have been experiencing some very cold weather lately and more is coming next week. Please make sure your child comes to school with a coat, mittens/gloves, hat, snowpants, and boots. We want all of the children to enjoy their outside recess time when it's safe to do so, so it's important for them to have the appropriate gear to keep warm. It is equally as important to make sure children have an extra change of clothes in their backpack.

## Eagle Stickers

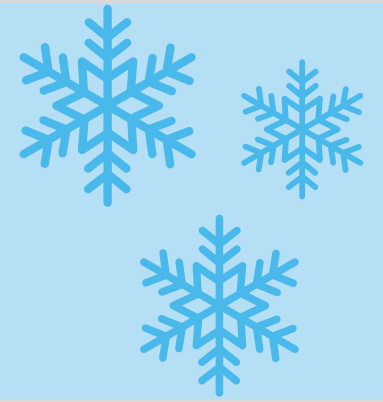
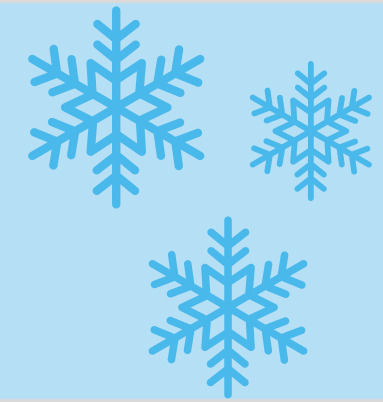
A limited number of Eagle Stickers are awarded each week and students who receive a sticker are entered into a prize drawing. If your child brings home an Eagle Sticker, please help us celebrate them by asking them how they earned it! The winner of this weeks' drawing is: Lilah Glick.

Have a great weekend!

Mrs. McLean

The newsletter word of the week: Mittens






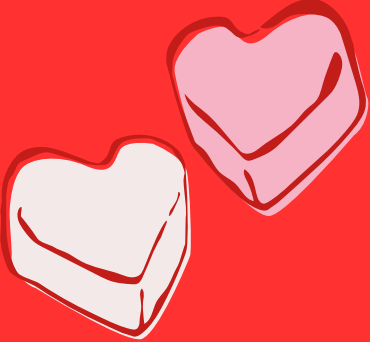
# JANUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<div>Happy New Year</div> <div>1</div> <div>NO SCHOOL</div>	2	3	4
5	6	7	<div></div> <div>8</div> <div>STEAM NIGHT</div> <div>5:30 - 7:00 PM</div>	9	10	11
12	13	14	15	16	17	18
19	20 <div>HOLIDAY</div> <div>NO SCHOOL</div>	21	22	23	24	25
26	27 <div>SCHOOL BOARD MTG.</div> <div>AT EDDINGTON</div> <div>6:30 PM</div>	28	29	30	31	



# FEBRUARY

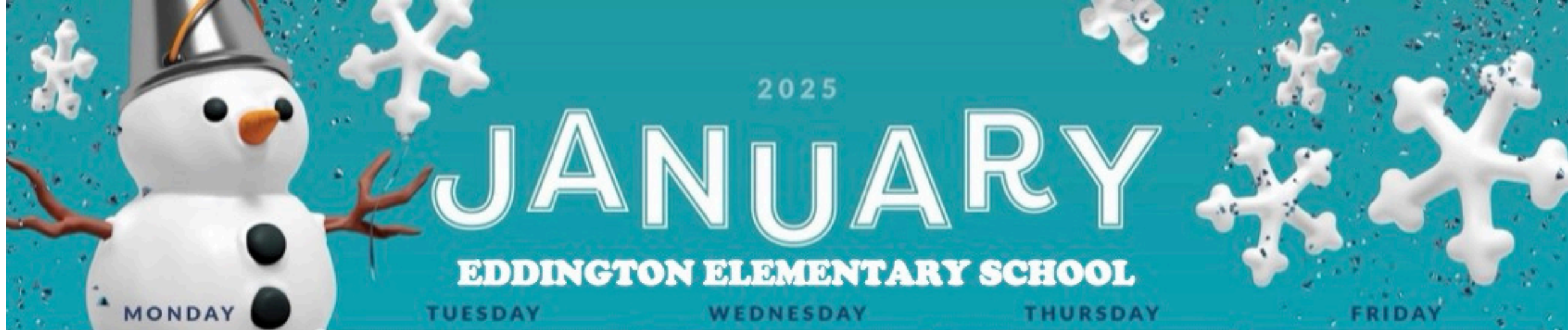


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 <div>Happy Valentine's Day</div>	15
<div></div> 16	17	18	19	20	21	22
23	24 <div>SCHOOL BOARD MTG.</div> <div>AT HOLBROOK</div> <div>6:30 PM</div>	25	26	27	28	<div></div>

FEBRUARY VACATION - NO SCHOOL







Breakfast and lunch meals are free for all students.  
Cold Lunch milk and Snack milk is .50 cents each.

WG = Whole Grain

**1**  
**HOLIDAY**  
**NO SCHOOL**

**2**  
Pepperoni or Cheese WG Pizza  
Baby Carrots w/SunButter Dip  
Apple  
Milk

**3**  
Chicken Breast Tender on WG Roll  
Potato Wedges  
Peaches  
Milk

**6**  
Hamburger on WG Roll  
Tater Tots  
Pears  
Milk

**7**  
Egg Patty  
Sausage Patty  
½ WG Bagel  
Vege. Baked Beans  
Applesauce  
Milk

**8**  
WG Rigatoni w/Meat Sauce  
Green Beans  
Mixed Fruit  
Milk

**9**  
Pepperoni or Cheese WG Pizza  
Baby Carrots w/SunButter Dip  
Apple  
Milk

**10**  
Eddington Fried Chicken  
Brown Rice  
Broccoli  
Peaches  
Milk

**13**  
Chili w/Cheese  
Corn  
Corn Muffin  
Pineapple  
Milk

**14**  
WG French Toast Sticks  
Sausage Patty  
Vege. Baked Beans  
Applesauce  
Milk

**15**  
Chicken in Sauce  
WG Egg Noodles  
Peas  
Pears  
Milk

**16**  
Pepperoni or Cheese WG Pizza  
Baby Carrots w/SunButter Dip  
Apple  
Milk

**17**  
Ground Beef Soft Shell Tacos  
Cheddar Cheese  
Banana  
Milk

**20**  
**HOLIDAY**  
**NO SCHOOL**

**21**  
Egg Patty  
Sausage Patty  
½ WG Bagel  
Veg. Baked Beans  
Pears  
Milk

**22**  
Cheeseburger Macaroni Casserole  
Green Beans  
Fruit Cocktail  
Milk

**23**  
Pepperoni or Cheese WG Pizza  
Baby Carrots w/SunButter Dip  
Apple  
Milk

**24**  
Hot Dog on WG Roll  
Tater Tots  
Applesauce  
Milk

**27**  
Chicken Breast on WG Roll  
Potato Wedges  
Pineapple  
Milk

**28**  
WG Pancakes  
Sausage Patty  
Veg. Baked Beans  
Applesauce  
Milk


**29**  
American Chop Suey  
Green Beans  
Peaches  
Milk

**30**  
Pepperoni or Cheese WG Pizza  
Baby Carrots w/SunButter Dip  
Apple  
Milk

**31**  
WG Fish Sticks  
Broccoli  
Pears  
Milk

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

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# HAPPY BIRTHDAY

Maverick Wyman  
Cayson Boyd  
Henry Croman  
Ryley Spink  
Belle Hollobaugh  
Lilah Glick  
Oakley Dorr  
Everett Frey  
Dylan Ford

Jan. 3  
Jan. 3  
Jan. 16  
Jan. 17  
Jan. 21  
Jan. 23  
Jan. 25  
Jan. 27  
Jan. 29

First Grade  
First Grade  
First Grade  
First Grade  
PreK  
PreK  
PreK  
First Grade  
First Grade





# NEWSLETTER INCENTIVE

Last week's newsletter incentive winner is Olive Sekera-Andersen  
from Ms. Geiser's class!

**DON'T FORGET TO CLICK THE INCENTIVE LINK IN THE PRINCIPAL'S CORNER TO ENTER.**





Hello, RSU #63 Families!

We continued with our goal journals during Eagle Time this week in 1st grade. We talked about breaking big goals into smaller steps to make these goals obtainable. In kindergarten, we talked about different physical goals we might have during circle time. In Pre-K - 1st grade, we introduced the Buddy Bear with a PowerPoint presentation. Each class was gifted a stuffed buddy bear that they could use to promote healthy conflict resolution. The kids were taught to use "I" statements when involved in conflict resolution, and then to ask for what they need. In Kindergarten and 1st grade, we enjoyed a hot potato game to practice conflict resolution with each other. Our movement break was Just Wanna Jump by Danny Go. We ended our class with Calm Kids Ocean Breath. As always, I have attached the PowerPoint presentation and videos for you to enjoy at home.

Ms. Dodie, LMSW/CC

Buddy Bear

"Just Wanna Jump!" ⚡/// Danny Go! Kids Dance Songs - YouTube

Calm Kids: Ocean Breath | Anxiety Relief, Relaxation ... - YouTube





## CURRICULUM CORNER



1/21/25

### Welcome to the Curriculum Corner!

Three times a year students take a Diagnostic assessment for reading and math using the iReady Diagnostic. This is a very valuable tool for teachers and students.

### What is a diagnostic?

A diagnostic is an assessment that evaluates multiple measures and reports a result of the cumulative data. Examples would include bringing your car in to get a diagnosis of why the engine light is on, MRI's or blood tests to diagnose how the body is functioning, etc.

### What are the educational diagnostic assessments our students take?

These reading and math evaluations use multiple measures and reports to identify a student's strengths/weaknesses in specific areas and growth towards meeting the standards. It is a powerful tool for tracking progress and implementing timely interventions. Teachers use this information to plan instruction and provide targeted support.

### How and when do we do it?

Diagnostic Scheduling Information*				
Recommended testing sessions are based on average total testing time. Consider adding buffer time for transitions, logging in, and viewing tutorial videos. Note: Additional testing sessions may be needed for students who are absent or need more time to complete the Diagnostic before it expires (some students may need more or less time due to a number of factors).				
Grade	K	1	2-5	6-8 and 9-12
When to Schedule the First Diagnostic	4-6 weeks into the school year	Start as soon as possible**		
Recommended Testing Sessions for Each Diagnostic (per Subject)	Three 20-minute sessions†	Two 20- to 30-minute sessions†	Two 40- to 50-minute sessions†	Plan number and length of testing sessions based on your schedule.  Most students complete within 60-90 minutes (e.g. two 45-minute sessions); some will need additional time.†

Students do the diagnostic three times a year during their reading time for the reading one and math time for their math one (This is actually less testing than when IXL was being used. IXL had students testing 5-6 times a year).

When students have completed the diagnostic they are celebrated for improvements in scores/knowledge. To encourage engagement even more, each class/school has an opportunity to earn an incentive to celebrate accomplishments.

### How do we use the results?

Districtwide- We are able to look at the data to see what percentage of students are performing on, above or below grade level in different domains of standards. This allows us to determine which set of standards we need to prioritize. We can then use this data to set district goals and plan learning experiences for leaders and teachers while also using the data to adjust the curriculum. We can analyze how the implementation of the curriculum is going by comparing diagnostic data results from previous diagnostic assessments.

Schoolwide- We are able to look at the data to see what percentage of students are performing on, above or below grade level in different domains of standards. During grade level meetings the data is used in conversations to identify bright spots and areas of focus. We can analyze how the implementation of the curriculum is going by comparing diagnostic data results from previous diagnostic assessments. Schools/grade levels can then create an action plan using the data to improve growth for students.

In the classroom- Each classroom teacher is able to look at the data to see what percentage of students are performing on, above or below grade level in different domains of standards. The program organizes students into groups based on the standards that have been identified as areas of focus. The program also provides lessons and activities for the teacher to use so they may provide explicit instruction for students in small groups or independently. The program provides resources to track student progress towards grade level proficiency of the standards.

**Thank you!**

**Tina Dumond**

**RSU #63 Director of Curriculum and Instruction**

**RSU #63 Gifted and Talented Administrator**

**RSU #63 McKinney-Vento Liaison**







# CONTACT INFORMATION

## EDDINGTON SCHOOL

843-6010

VISIT YOUR CLASSROOM'S FAMILY WEBPAGE!

**PRE-K**

**KINDERGARTEN**

**1ST GRADE**



## STAFF EMAILS

### Front Office

Mrs. McLean: [smclean@rsu63.org](mailto:smclean@rsu63.org)

Mrs. Smith: [kjsmith@rsu63.org](mailto:kjsmith@rsu63.org)

Nurse Bickford: [dbickford@rsu63.org](mailto:dbickford@rsu63.org)

### Classroom Teachers

#### Pre-K:

Ms. Leland: [aleland@rsu63.org](mailto:aleland@rsu63.org)

Mrs. Davis: [kdavis@rsu63.org](mailto:kdavis@rsu63.org)

#### Kindergarten:

Mrs. Alley: [jalley@rsu63.org](mailto:jalley@rsu63.org)

Mrs. DeRoche: [bderoche@rsu63.org](mailto:bderoche@rsu63.org)

Ms. Linscott: [klinscott@rsu63.org](mailto:klinscott@rsu63.org)

#### First Grade:

Mrs. Blake: [sblake@rsu63.org](mailto:sblake@rsu63.org)

Miss Geiser: [jgeiser@rsu63.org](mailto:jgeiser@rsu63.org)

Mrs. Perry: [aperry@rsu63.org](mailto:aperry@rsu63.org)

### Additional Services

Special Services: [crioux@rsu63.org](mailto:crioux@rsu63.org)

Speech Therapy: [kkaram@rsu63.org](mailto:kkaram@rsu63.org)

Occupational Therapy: [rhiggins@rsu63.org](mailto:rhiggins@rsu63.org)

Literacy Intervention: [astickle@rsu63.org](mailto:astickle@rsu63.org)

### Specialists

Art: [hallen@rsu63.org](mailto:hallen@rsu63.org)

PE: [msagehorn@rsu63.org](mailto:msagehorn@rsu63.org)

Music: [cstecher@rsu63.org](mailto:cstecher@rsu63.org)

Spanish: [mnorris@rsu63.org](mailto:mnorris@rsu63.org)

Library: [ablais@rsu63.org](mailto:ablais@rsu63.org)

School Counselor: [dsmith@rsu63.org](mailto:dsmith@rsu63.org)

