

# EDDINGTON SCHOOL NEWS

**CALENDAR**

**LUNCH  
MENU**

**ANNOUNCEMENTS**

**BIRTHDAYS**

**PRINCIPAL'S CORNER**

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**CONTACT US**







# Announcements

Dismissal: Please notify the office and your child's teacher of any dismissal changes BEFORE 2:00 pm (except in cases of emergencies). This helps us get everyone home safely!

Reminder: Please make sure your child has a change of clothes in their backpack. There are many reasons that they might need to change and we have a limited amount of clothing in the office that they can borrow. Thank you.

## Winter Clothes

It's that time of year to send in winter weather gear with your child: Hats, mittens/gloves, jackets, snowpants, and boots. Also, if children wear their boots to school, please send in other shoes for them to change into, so they will be comfortable during the school day.

SAVE THE DATE

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M

NIGHT

## Wednesday January 8, 2025

### 5:30-7:00 pm

## Eddington School

Join us to explore science, technology, engineering, art and math.

We will have lots of hands-on opportunities to explore different resources that we have here at school.

Come check out our Sphero Bolt codable robots, Sphero Indi codable cars, 3D printers, codable critters, Bee-Bots, iPads, and Chromebooks.



## Ski & Snowboard Club



Two 4-week sessions will take place on Wednesday evenings in January and February. Sign up for one session or both!

### Who is this for?

Students kindergarten through 8th grade in Holden, Eddington, Clifton and Dedham. No prior ski/snowboard experience needed.

### Dates

**Session 1** dates are January 8, 15, 22, 29 with make up date of Feb 5.

**Session 2** will start as soon as session 1 is complete. Tentative dates: Feb 5, 12, 26, and March 5 with a make up date of March 12.

### How does it work?

Students are bussed from Eddington, Holden, Holbrook and Dedham schools to Hermon Mountain. Volunteer leaders will meet them at the mountain and ensure they get their tickets and either go to their lesson or have a buddy to free ski/snowboard with on the mountain.

If your child is renting, a volunteer will help them get set up with gear at the mountain. If you child has gear, it can get dropped off at Holbrook school on Wednesday mornings and will be brought to the mountain.

Lessons run from 4:30-5:30. Participants must be signed out and picked up by 7pm.

Ski/Snowboard helmets are required for all participating youth. Rentals come with helmets and Hermon may have extras to loan to those who are not renting equipment.

Bussing is generously paid for by Holbrook Rec.

### We'll have an informational meeting on November 20th @ 6-7pm over Zoom.

[bit.ly/3YRP63S](https://bit.ly/3YRP63S) password 963108  
This meeting will be recorded. Email [katherine.garland@maine.edu](mailto:katherine.garland@maine.edu) for the recording.

### Cost (per 4 week session)

Ticket, Rental and Lessons \$170  
Ticket and Rental \$140  
Ticket only \$110



**Enrollment for session 1 opens November 20 and closes December 20. Session 2 enrollment will open in late January.**

### Three steps to enroll:

1. Fill out the Holbrook Rec waiver (use QR code or go to the "programs" tab at holbrookrec.com)
2. Sign up on the Hermon Mountain website (our group link will be on the Holbrook Rec site)
3. Pay Hermon Mountain online or by check (details on their website)

### Volunteers needed!

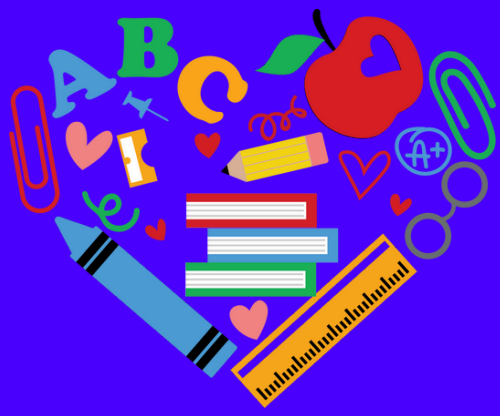
No ski/snowboard experience required. We need help on the mountain to ski/ride with kids and in the lodge assisting with tickets and gear (boots, helmets, etc.). Many hands are appreciated! Contact Kate Garland if you can help.

### Questions?

Contact Kate Garland  
[katherine.garland@maine.edu](mailto:katherine.garland@maine.edu) 207.949.3423







# PRINCIPAL'S CORNER

[Newsletter Incentive](#)



January 3, 2025

## STEAM Night, January 8

Please join us this coming Wednesday, January 8, for our STEAM Night (5:30 - 7:00 p.m.)! The staff have been working hard in preparation, and we've got an exciting lineup of activities in store! There will be fizzing candy canes, LEGO robotics, the Indi Delivery Challenge, Coding Critters, Osmo, Bee-Bots, Fiber String Art, Robot Painting, and a 3D Printing Demonstration. We can't wait for students and parents to experience all the fun and hands-on learning we've planned!

## Cold Weather

Cold weather has arrived! Please make sure your child comes to school with a coat, mittens/gloves, hat, snowpants, and boots. We want all of the children to enjoy their outside recess time, so it's important for them to have the appropriate gear to keep warm. It is equally as important to make sure children have an extra change of clothes in their backpack.

## Eagle Stickers

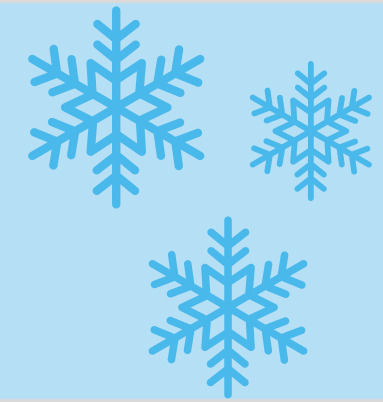
A limited number of Eagle Stickers are awarded each week and students who receive a sticker are entered into a prize drawing. If your child brings home an Eagle Sticker, please help us celebrate them by asking them how they earned it! The winner of this weeks' drawing is: Sawyer Leighton.

Have a great weekend!

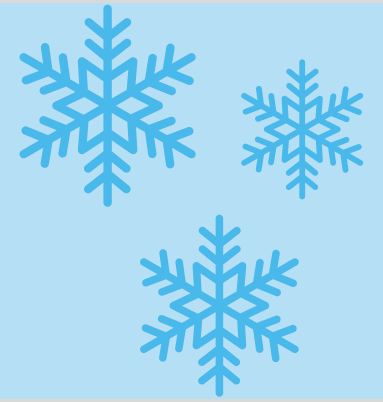
Mrs. McLean

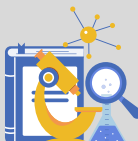
The newsletter word of the week: New






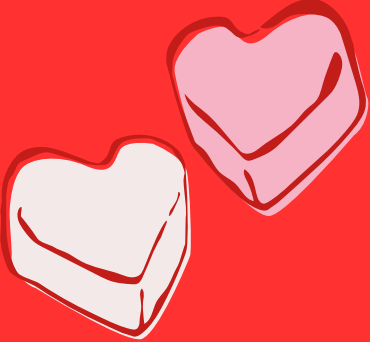
# JANUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<div>Happy New Year</div> <div>1</div> <div>NO SCHOOL</div>	2	3	4
5	6	7	<div></div> <div>8</div> <div>STEAM NIGHT</div> <div>5:30 - 7:00 PM</div>	9	10	11
12	13	14	15	16	17	18
19	20 <div>HOLIDAY</div> <div>NO SCHOOL</div>	21	22	23	24	25
26	27 <div>SCHOOL BOARD MTG.</div> <div>AT EDDINGTON</div> <div>6:30 PM</div>	28	29	30		



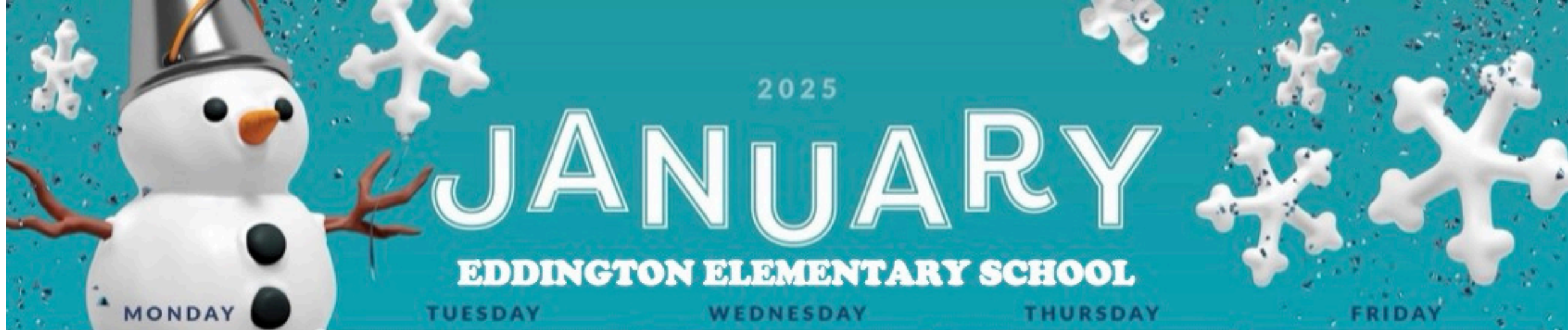
# FEBRUARY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14 <div>Happy Valentine's Day</div>	15
<div></div> 16	17	18	19	20	21	22
23	24 <div>SCHOOL BOARD MTG.</div> <div>AT HOLBROOK</div> <div>6:30 PM</div>	25	26	27	28	<div></div>

FEBRUARY VACATION - NO SCHOOL





Breakfast and lunch meals are free for all students.  
Cold Lunch milk and Snack milk is .50 cents each.

WG = Whole Grain

**1**  
**HOLIDAY**  
**NO SCHOOL**

**2**  
Pepperoni or Cheese WG Pizza  
Baby Carrots w/SunButter Dip  
Apple  
Milk

**3**  
Chicken Breast Tender on WG Roll  
Potato Wedges  
Peaches  
Milk

**6**  
Hamburger on WG Roll  
Tater Tots  
Pears  
Milk

**7**  
Egg Patty  
Sausage Patty  
½ WG Bagel  
Vege. Baked Beans  
Applesauce  
Milk

**8**  
WG Rigatoni w/Meat Sauce  
Green Beans  
Mixed Fruit  
Milk

**9**  
Pepperoni or Cheese WG Pizza  
Baby Carrots w/SunButter Dip  
Apple  
Milk

**10**  
Eddington Fried Chicken  
Brown Rice  
Broccoli  
Peaches  
Milk

**13**  
Chili w/Cheese  
Corn  
Corn Muffin  
Pineapple  
Milk

**14**  
WG French Toast Sticks  
Sausage Patty  
Vege. Baked Beans  
Applesauce  
Milk

**15**  
Chicken in Sauce  
WG Egg Noodles  
Peas  
Pears  
Milk

**16**  
Pepperoni or Cheese WG Pizza  
Baby Carrots w/SunButter Dip  
Apple  
Milk

**17**  
Ground Beef Soft Shell Tacos  
Cheddar Cheese  
Banana  
Milk

**20**  
**HOLIDAY**  
**NO SCHOOL**

**21**  
Egg Patty  
Sausage Patty  
½ WG Bagel  
Veg. Baked Beans  
Pears  
Milk

**22**  
Cheeseburger Macaroni Casserole  
Green Beans  
Fruit Cocktail  
Milk

**23**  
Pepperoni or Cheese WG Pizza  
Baby Carrots w/SunButter Dip  
Apple  
Milk

**24**  
Hot Dog on WG Roll  
Tater Tots  
Applesauce  
Milk

**27**  
Chicken Breast on WG Roll  
Potato Wedges  
Pineapple  
Milk

**28**  
WG Pancakes  
Sausage Patty  
Veg. Baked Beans  
Applesauce  
Milk


**29**  
American Chop Suey  
Green Beans  
Peaches  
Milk

**30**  
Pepperoni or Cheese WG Pizza  
Baby Carrots w/SunButter Dip  
Apple  
Milk

**31**  
WG Fish Sticks  
Broccoli  
Pears  
Milk

This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.

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**myschoolbucks.com**

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Receive low balance email alerts  
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Set It & Forget It... automatic payments  
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# HAPPY BIRTHDAY

Maverick Wyman  
Cayson Boyd  
Henry Croman  
Ryley Spink  
Belle Hollobaugh  
Lilah Glick  
Oakley Dorr  
Everett Frey  
Dylan Ford

Jan. 3  
Jan. 3  
Jan. 16  
Jan. 17  
Jan. 21  
Jan. 23  
Jan. 25  
Jan. 27  
Jan. 29

First Grade  
First Grade  
First Grade  
First Grade  
PreK  
PreK  
PreK  
First Grade  
First Grade





# NEWSLETTER INCENTIVE

Last weeks' newsletter incentive winner is Sam MacDonald  
from Mrs. Perry's class!

**DON'T FORGET TO CLICK THE INCENTIVE LINK IN THE PRINCIPAL'S CORNER TO ENTER.**





Hello, RSU #63 Families!

During Eagle Time last week in Pre-K and K, we learned more about coping skills like deep breathing, calming music, or thinking happy thoughts. Both classes participated in a movement break called Santa Freeze Dance, and then we calmed our bodies with some Zen Den meditation.

In 1st grade, we read *Enemy Pie* by Derek Munson and Tara Calahan King. This book is about a kid who learns a recipe that turns his best enemy into one of his best friends. We then completed an I can use I-messages booklet which helps kids resolve conflict. At the end of class, we had fun doing This or That? Winter Edition and a mindful meditation about hot chocolate.

This week, instead of gratitude journals, we made gratitude holiday cards for the teachers. In Pre-K - 1st grade, we read *Tough Cookie—A Christmas Story* by Edward Hemingway, which is about a gingerbread cookie discovering its purpose. We had a movement break with The Gingerbread Cookie Dance with Danny Go, and we ended our time with Grateful Monkey Meditation Winter Edition.

I have attached the videos for you to enjoy at home. I hope you are all enjoying the season!

Ms. Dodie, LMSW/CC

[ENEMY PIE by Derek Munson and Tara Calahan King - YouTube](#)  
["Santa Freeze Dance!" ❄️ /// Danny Go! Christmas Songs for Kids](#)  
[Whirly Burly Snow Storm | Cosmic Kids Zen Den - Mindfulness for kids](#)  
[Mindful Meditation With Hot Chocolate Breathing - For Kids! - YouTube](#)  
[TOUGH COOKIE - A CHRISTMAS STORY by Edward Hemingway.](#)  
[The Gingerbread Cookie Dance - YouTube](#)  
[5-Minute Meditation & Mindfulness Exercise for Kids - YouTube](#)







# CURRICULUM CORNER



12/17/24

Welcome to the Curriculum Corner!

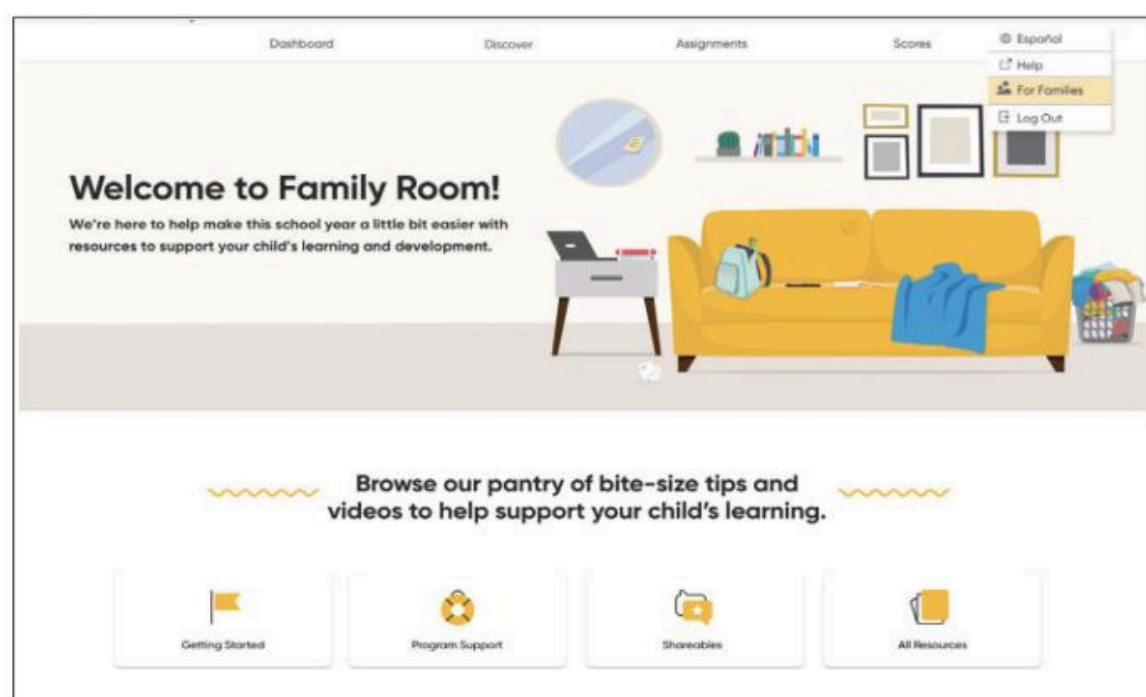
I wanted to share some ELA information with you all:

*This year we have an exciting new resource called the Family Room that will help you gain an understanding of what your child may be working on in school. The Family Room is divided into three sections:*

- *Getting Started includes general tips on how to navigate Ed.*
- *Program Support includes resources and strategies that I'll be introducing to your child during class, as well as suggestions for how you can support your child at home.*
- *Finally, check out Shareables for quick tips about the challenges that many parents experience, like getting their children to talk about their learning.*

*View this quick [video](https://www.youtube.com/watch?v=rWUC4_MjwVU) (https://www.youtube.com/watch?v=rWUC4\_MjwVU) to learn more, and remember: You're always welcome in the Family Room!*

The *Into Reading* Ed learning platform has a space for families and caregivers to support learning at home. These resources are available in both **English and Spanish**.



**Family Room** is easily accessible from the Ed student log in.

## Resources include:

- 5 Questions Teachers Wants You to Ask Them
- Navigating HMH's Learning Platform, Ed
- Meet Your HMH Program
- Getting to Know Your HMH Resources
- The Power of Talk
- 5 Steps to Managing Attention and Behavior
- How to Ask Follow-Up Questions to Get Talk Started
- Avoid the Meltdown with Brain Breaks
- No "I'm Bored" Here: Activities to Spark Learning

## ELA WEBSITES

<https://www.getepic.com/>    <https://www.funbrain.com/>    <https://www.freereadingprogram.com/>

<https://pbskids.org/>    <https://www.astrosafe.co/blog/free-reading-websites-for-kids>



ELA AT HOME



### Maine's Comprehensive State Literacy Plan

**What is Literacy?**  
Literacy is the ability to develop and communicate understanding in a variety of ways, including speaking, listening, reading, writing, and viewing.

**What is LITERACY FOR ME?**  
Literacy for ME is a statewide effort to help all Maine citizens develop strong literacy skills.



**Supporting Literacy at Every Age**  
Even though school is an important place for children to build literacy skills, families and community members have key roles to play. Here are a number of simple, but important, things parents and community members can do to support literacy at every age.



www.maine.gov/doe/literacy-for-me

**Why is LITERACY FOR ME important?**  
Making sure that all Mainers have the chance to develop high levels of literacy is a responsibility we all share. This effort is important to Maine for several reasons:

- 21st century communities require citizens and workers who are skilled readers, writers, speakers, listeners, and thinkers.
- Strong literacy skills can be the difference between living in poverty and being able to support oneself or one's family.
- Maine's future depends on our ability to raise capable, well-educated, and highly literate children.



### How to Get Involved

**If you would like to get involved with LITERACY FOR ME there are some things you can do.**


- Share this brochure with your family and friends. Encourage them to support literacy as well.
- Visit the LITERACY FOR ME website to get information about community literacy planning. [www.maine.gov/doe/literacy-for-me](http://www.maine.gov/doe/literacy-for-me)
- Contact the Maine Department of Education for additional information.



www.maine.gov/doe/literacy-for-me

**Lee Anne Larsen**  
Literacy Specialist  
Maine Department of Education  
207-624-6628  
[Leeann.larsen@maine.gov](mailto:Leeann.larsen@maine.gov)





### School Age Kindergarten to Grade 5

As children enter school, their literacy skills improve a great deal. Children learn by watching the important people in their lives. This means that family and community members can support the literacy instruction that happens in school and can help children see themselves as readers, writers, and communicators. The tips in this section can help encourage elementary age children.

**Language skills develop rapidly during the elementary school years. Help children develop listening and speaking skills with tips, questions, and games.**

- Point out new and interesting words and help children learn what they mean. Ask them to think of other words that mean the same thing.
- Show children how parts of words can help them learn other words (tricycle, triangle, tripod).
- Play "turn taking" games in your conversations, so younger children can practice the "rules" for talking with others.
- Try asking specific questions about their interests as a way to begin a conversation about school.
- Talk about things you notice and ask children to tell you more.

**Reading at this age is as much about building habits as it is about building skills. Find ways to be a reading role model and help children build good reading habits.**

- Read aloud each day. Even short reading sessions build interest in reading for young children. For English learners, point to pictures frequently or objects in the room to build vocabulary.
- Select a special place for reading. Encourage children to decorate a sign for that place.
- Ask questions about books to help children focus on meaning.
- Ask children to read aloud to you. Even if a child recites a book from memory, this is an important activity. Encourage and praise their efforts often.
- Encourage children to reread books they enjoy. Ask them to tell you something they discovered after rereading, including new words or ideas.
- Visit a library. Help children to select books by interest or at the right level.

**Writing skills develop as children gain motor skills, confidence, and knowledge. Help children build their writing skills by modeling and sharing writing activities.**

- Create a book together. Creating books about events in your family can be a great way to help kids learn about how writing can be used to hold on to memories and share them with others.
- For English learners, encourage them to write using words in their own language and work with them to include a translation.
- Encourage thank you notes and let children see you writing them as well.
- Help children to write reminders for the family, add events to calendars, and create "to do" lists.
- Help children understand that everything they read was written by someone. When you read together, ask questions about the writing of the story.

Thank you!  
Tina Dumond  
Director of Curriculum and Instruction  
Gifted and Talented Administrator  
McKinney-Vento Liaison  
RSU #63  
[kdumond@rsu63.org](mailto:kdumond@rsu63.org) (207)843-7769 ext.129



# CONTACT INFORMATION

## EDDINGTON SCHOOL

843-6010

VISIT YOUR CLASSROOM'S FAMILY WEBPAGE!

**PRE-K**

**KINDERGARTEN**

**1ST GRADE**



## STAFF EMAILS

### Front Office

Mrs. McLean: [smclean@rsu63.org](mailto:smclean@rsu63.org)

Mrs. Smith: [kjsmith@rsu63.org](mailto:kjsmith@rsu63.org)

Nurse Bickford: [dbickford@rsu63.org](mailto:dbickford@rsu63.org)

### Classroom Teachers

#### Pre-K:

Ms. Leland: [aleland@rsu63.org](mailto:aleland@rsu63.org)

Mrs. Davis: [kdavis@rsu63.org](mailto:kdavis@rsu63.org)

#### Kindergarten:

Mrs. Alley: [jalley@rsu63.org](mailto:jalley@rsu63.org)

Mrs. DeRoche: [bderoche@rsu63.org](mailto:bderoche@rsu63.org)

Ms. Linscott: [klinscott@rsu63.org](mailto:klinscott@rsu63.org)

#### First Grade:

Mrs. Blake: [sblake@rsu63.org](mailto:sblake@rsu63.org)

Miss Geiser: [jgeiser@rsu63.org](mailto:jgeiser@rsu63.org)

Mrs. Perry: [aperry@rsu63.org](mailto:aperry@rsu63.org)

### Additional Services

Special Services: [vhaines@rsu63.org](mailto:vhaines@rsu63.org)

Speech Therapy: [kkaram@rsu63.org](mailto:kkaram@rsu63.org)

Occupational Therapy: [rhiggins@rsu63.org](mailto:rhiggins@rsu63.org)

Literacy Intervention: [astickle@rsu63.org](mailto:astickle@rsu63.org)

### Specialists

Art: [hallen@rsu63.org](mailto:hallen@rsu63.org)

PE: [msagehorn@rsu63.org](mailto:msagehorn@rsu63.org)

Music: [cstecher@rsu63.org](mailto:cstecher@rsu63.org)

Spanish: [mnorris@rsu63.org](mailto:mnorris@rsu63.org)

Library: [ablais@rsu63.org](mailto:ablais@rsu63.org)

School Counselor: [dsmith@rsu63.org](mailto:dsmith@rsu63.org)

